

Chore Chart by Age

Right-sized chores. Ticked boxes. Fewer fights.

AGES 3–5

- ☐ Put toys in the bin
- ☐ Dirty clothes in the hamper
- ☐ Wipe the table with a damp cloth
- ☐ Help feed a pet
- ☐ Put books back on the shelf
- ☐ Throw trash in the bin
- ☐ Help carry light groceries
- ☐ Make the bed (with help)

This week's reward: _____

AGES 6–9

- ☐ Make the bed alone
- ☐ Set and clear the table
- ☐ Sort laundry by color
- ☐ Fold simple clothes
- ☐ Dust reachable surfaces
- ☐ Water the plants
- ☐ Take out a small trash bag
- ☐ Tidy room daily

This week's reward: _____

AGES 10+

- ☐ Full laundry cycle (wash–dry–fold)
- ☐ Clean a bathroom
- ☐ Vacuum or mop floors
- ☐ Cook one simple meal a week
- ☐ Trash + recycling out
- ☐ Walk / feed pets independently
- ☐ Clean out the fridge (monthly)
- ☐ Yard work (seasonal)

This week's reward: _____