

Weekly To-Do List

One page for the whole week - priorities first, then day by day.

Week of: _____ Main goal: _____

TOP 3 PRIORITIES THIS WEEK

Day	Tasks	Done
MON	_____	☐
TUE	_____	☐
WED	_____	☐
THU	_____	☐
FRI	_____	☐
SAT	_____	☐
SUN	_____	☐

BRAIN DUMP - STRAY TASKS

☐	_____
☐	_____
☐	_____
☐	_____
☐	_____
☐	_____

CARRY-OVER & NOTES

